DEWVALE SCHOOL AL QUOZ

NEWSLETTER

APRIL EDITION

GREETINGS

Welcome to the new year!

Dear Parents
Greetings!
Welcome to the debut of the 2024-2025 school year. It's with great excitement and joy that we embark on a new adventure together in kindergarten. Parents and guardians, thank you for entrusting us for the learning journey of your children. Your guidance and support mould the minds of tomorrow's leaders.

This year, let's strive to create an inclusive environment where every voice is heard, every idea is valued and every individual is respected. Let's support each other, celebrate our differences and learn from one another.
Wishing you all the best for an incredible school year ahead!

DEWVALE SCHOOL AL QUOZ

NEWSLETTER

OUR VISION & MISSION

OUR VISION

Create & Nurture global citizens to develop as caring lifelong learners.

OUR MISSION

- Strive to inspire and challenge young minds through research, innovation and entrepreneurship.
- Provide 21st century, holistic education for all deserving students.
- Embrace the Local and International values and culture of the land in which we live.
- Promote healthy lifestyle through proper diet and fitness programs.
- Respect and promote the progressive Islamic culture and rich Arabic language of the land in which we live.
- Ensure a safe and inclusive environment that permit all students to progress.

DEWVALE SCHOOL
AL QUOZ

SENIOR LEADERSHIP TEAM



Ms Seema Umar
Principal



Ms Roopa Kotian
Kindergarten Head



Ms Smitha
Assistant Head of Kindergarten



KINDER CONNECT: A CHEERFUL GREETING FROM KG HEAD

Dear Parents,
Welcome back to another exciting academic year filled with endless learning, growth, and exploration possibilities. As the Head of Kindergarten, I am delighted to share some highlights from our recent activities and adventures.
In our Kindergarten classrooms, each day is a unique adventure filled with wonder, discovery, and excitement. From exploring letters and numbers to engaging in hands-on science experiments and creative arts and crafts projects, our students are immersed in a one-of-a-kind educational journey. They are not just learning, they are building the foundational skills and knowledge they need to succeed, making their time with us truly special and something to be proud of.
Academic learning is just one part of our Kindergarten program. We strongly emphasize social-emotional development, crucial in shaping our students' character and resilience. Daily circle time discussions, cooperative play activities, and mindfulness exercises foster a supportive and inclusive classroom community where every child feels valued, respected, and loved.
I want to express my heartfelt gratitude to our dedicated team of educators who go above and beyond each day to create a nurturing and engaging learning environment for our students. A huge shout out and a massive thank you to all the parents who take the initiative to prepare their children for different activities.
In the coming months, we have an exciting lineup of events and initiatives to inspire and engage our little ones. Your trust is the foundation of our work, and we are honored to be a part of your child's educational journey. Together, we will continue to nurture young minds and hearts and lay the foundation for a lifetime of learning and success.

Warm regards

Roopa Kotian

Head of Kindergarten

SNEAK PEEK

A DAY IN THE LIFE OF A KINDERGARTENER

·Morning Assembly & Self Registration
·Circle time
·Phonic Fun zone
·Regular classes as per time table
·Nourishment break
·Wellbeing brain breaker
·Students' reflection on the day's learning
·Fruit Break & Dispersal

KINDERGARTEN LEARNING AMENITIES

·Spark Hub
·Kinderclub
·Dance
·Music
·Art & Craft
·Swimming
·Smart Boards
·ORT periods
·Assembly
·Outside Learning Area
·Kidzone
·Math movement

KG ORIENTATION

Celebrating new beginning!

Our Kindergarten parent orientation marks the first step in a child's learning journey as it serves to introduce them to the world of school. The day was filled with the excitement and anticipation as family got a first hand look at our school and all it has to offer. It was wonderful to share our school's vision, curriculum highlights and how we foster a love for learning in our young learners. Our dedicated teachers guided parents through the classrooms, show casing the vibrant learning environment where their little ones will grow and thrive.

The orientation provided the valuable opportunity for parents to ask questions, meet other families and start building connections within our supportive community. Let's celebrate the beginning of an incredible journey for our little ones.









KG ORIENTATION









FIRST DAY AT SCHOOL

What a fantastic first day of the academic year!
Our halls were filled with excitement, laughter and the joy of learning as we welcomed our amazing students to explore new ideas, make new friends, learn and grow every day. As we kicked off the first day of school with fun activities, game stalls and surprises designed to make every student feel like a star. Throughout the school ground, students discovered interactive joyful stalls where they were engaged in different fun filled activities.
Here is to a year filled with growth, learning, and unforgettable moments!









FIRST DAY AT SCHOOL













WORLD HEALTH DAY

Students from Kindergarten - 2 explored the importance of staying healthy through activities like washing hands, eating nutritious food and staying active. They learned about the role of doctors and nurses in keeping us healthy and how to prevent illnesses. Children engaged in fun exercises and games to understand the significance of a healthy lifestyle. Overall, it was an enriching and interactive experience promoting health and wellness among our young learners.









EID CELEBRATION

Experiencing the magic of Eid! Our young learners engaged in hands-on activities like creating beautiful Eid crafts, lanterns and learning about traditional customs. Through interactive storytelling and joyful music, students immersed themselves in the spirit of Eid, fostering a deeper understanding and appreciation for this special occasion. It was a day of joy, learning and unity as our kindergarten community came together to honor diversity and share in the festivities.









EID CELEBRATION













WORLD ART DAY

On this World Art Day, let us take a moment to appreciate the creativity and imagination of our little Picasso's in Kindergarten. Students were engaged in various art activities such as drawing, painting, coloring and designed an art gallery wall and allowed the children to explore their creativity. Their colorful masterpieces remind us of the beauty that can be found in even the smallest things. Let's celebrate their love for art and be inspired by their boundless creativity today and every day!













WORLD HERITAGE DAY

World Heritage Day encourages us to celebrate all the world's cultures, and bring awareness about the importance of cultural monuments and sites. Dewvale Kindergarteners celebrated World Heritage Day to deepen the student's understanding of our rich heritage and culture. Children were encouraged to dress up in traditional clothing representing different cultures from around the world. They appreciated the value of heritage and pledge to protect it for future generations.













WORLD HERITAGE DAY













CRAZY HAIR DAY: A BURST OF COLOR AND CREATIVITY



"Let the creativity flow! Dewvale school turned into a wild and wacky wonderland on Crazy Hair Day! Our kindergarten students transformed their hair strands into colorful masterpieces, with styles ranging from silly to sensational. Laughter echoed through the halls as students showcased their unique hairstyles, sparking joy and camaraderie among peers. It was a day filled with smiles, laughter, and unforgettable moments, reminding us all to embrace our inner creativity and have fun!"









CRAZY HAIR DAY: A BURST OF COLOR AND CREATIVITY













WORLD EARTH DAY

Tiny hands, big hearts: celebrating Earth Day with our little eco-warriors! The earth is what we have in common! Today our little eco-warriors of Dewvale school committed to reduce waste, conserve water and promote eco-friendly choices through their creativity in making environmentally friendly products...Happy earth day! May we all be mindful of preserving our mother nature.













WORLD EARTH DAY













WORLD BOOK DAY

World Book Day celebration at Dewvale was a fantastic opportunity to celebrate literature and promote reading habits among students. Through storytelling sessions and interactive activities, the students explored the magic of reading, discovering new worlds within the pages of their favorite books. Students donated old, child- friendly story books to their respective classrooms to enhance their class reading corners and gave an opportunity to the students to swap and read. It was a day filled with wonder, laughter, and a love for storytelling, igniting a lifelong passion for reading in our young learners.









WORLD BOOK DAY













INTERNATIONAL DANCE DAY

Swirls of excitement filled the air as Dewvale school celebrated International Dance Day! Our little stars shone brightly, showcased their moves in a kaleidoscope of dance styles from around the world. From graceful twirls to lively rhythms, each performance was a testament to the joy of movement and expression. Our young dancers were encouraged to wear their favourite dance attire or diverse dress style reflecting the unique characteristics of different dance genres. It was a day of laughter, learning, and boundless energy, leaving everyone with unforgettable memories to cherish.









INTERNATIONAL DANCE DAY













NO BAG DAY

Lighten the load! Step into a bag- free zone and explore the vibrant tapestry of learning experiences at Kindergarten Dewvale. With no books to carry, our young adventurers engaged in experiential activities, outdoor play, and interactive lessons that sparked curiosity and creativity. From nature walks to art projects, each activity encouraged active participation and holistic development. Let's continue to promote healthy balance of learning and leisure.









NO BAG DAY













WE WONDER SPOTLIGHT









WE WONDER SPOTLIGHT









DEWVALE SCHOOL AL QUOZ

PARENTS PULSE

YOUR FEEDBACK MATTERS!

PARENT OF AVINO KG 1D

I appreciate the Dewvale team, for fulfilling the responsibilities to our children even in this calamity. The idea of Online classes was helpful for my child so that he had in touch with his friends and teachers. Special Thanks to Ms Neethu Ma'am for the online classes. The class was comprehensive and informative, so my child enjoyed the learning process.

PARENT OF KHATEEJA KG 2E

Dewvale school is doing excellent in all the fields especially giving a lot of exposure to children. Very nicely planned and organized academic programs. We are very much impressed with your curriculum and teaching methods which is different from other schools. Well planned worksheets and supporting teachers. My child is progressing well academically. Her confidence has boosted up a lot from earlier. Online classes too were handling in a better way.

PARENT OF PRANAV KG 2A

Il'm impressed by DEWVALE school, how well you've been keeping up with my child studies and participating in class discussions. And activities. Your dedication is really paying off!" Thank you so much

PARENT OF ASFAH PRE KG A

I'm very excited about online class & how you are going to interact these small children in online!!! But actually, it was really awesome❣️.... My child always watches cartoons... But during online classes she was not interested to watch the cartoons.... She is asking me for more online class... Hats off to u people for making this platform with good innovative ideas!!!

STAR OF THE WEEK





STAFF OF THE MONTH



SHALU SINGH

HEALTHY KIDS HEALTHY MIND

HEALTH MATTERS : A NOTE FROM DOCTOR'S DESK.

Dear Parents,
As we embrace the beauty of spring and the joy it brings to our children, I hope this newsletter finds you and your family in good health and high spirits. April marks a time of renewal, growth, and a fresh perspective. It's also an excellent time to reflect on the importance of nurturing our children's health, particularly through the lens of nutrition.

Nutrition Nurtures Growth:
Just like a garden needs nourishment to bloom, our children need proper nutrition to thrive. As parents, your role in cultivating healthy eating habits in your children is paramount. By providing balanced meals and snacks, you're not only fueling their bodies but also nurturing their minds and setting the stage for lifelong wellness.

The Power of Balanced Meals:
A balanced diet is one that includes a variety of foods from all the food groups, ensuring that your child receives essential nutrients for growth and development. Encourage your child to enjoy a colorful plate filled with fruits, vegetables, whole grains, lean proteins, and dairy products. Remember, variety is key!

Snack Smart:
Snacking is an inevitable part of your child's day, and it presents an excellent opportunity to sneak in additional nutrients. Instead of reaching for processed snacks high in sugar and unhealthy fats, opt for nutritious alternatives like fresh fruit, veggies with hummus, yogurt, or whole-grain crackers with cheese.

Stay Hydrated:
Water is essential for keeping our bodies hydrated and functioning optimally. As we are approaching summer, encourage your child to drink water throughout the day, especially during physical activities or when the weather is warm. Limit sugary beverages like soda and fruit juices, as they can contribute to excess calories and tooth decay.

Lead by Example:
Children learn by example, so make sure to model healthy eating habits yourself. Sit down together as a family for meals whenever possible, and prioritize nutritious choices. By making healthy eating a family affair, you're reinforcing the importance of good nutrition and creating a supportive environment for your child's well-being.

Building Healthy Habits:
Developing healthy eating habits takes time and patience. Be patient with your child as they explore new foods and flavors. Offer praise and encouragement for trying new things, and involve them in meal planning and preparation. By empowering your child to make healthy choices, you're equipping them with valuable skills for a lifetime of wellness.

Closing Thoughts:
As we navigate the joys and challenges of parenthood, let's remember the profound impact of nutrition on our children's health and happiness. By prioritizing healthy eating habits, we're laying the foundation for their future success and well-being.

Thank you for your continued partnership in promoting a healthy school environment. If you have any questions or concerns about your child's nutrition or well-being, please don't hesitate to reach out at **doctor@dewvaleschool.ae**

Wishing you and your family a vibrant and nourishing month ahead!

Warm regards
Dr Afrin Irfana
School Doctor

SUPPORTING MENTAL WELLBEING IN UAE SCHOOLS DURING EXTREME WEATHER

Extreme weather conditions can affect students' daily routines, academic performance, and overall emotional health. Here's a guide for addressing the unique challenges and providing support to students and their families:

Major Challenges Students Face:

- **Disrupted Routines**
- **Isolation and Loneliness**
- **Stress and Anxiety**

Extreme weather can really mess up students' routines. When schools close or outdoor activities are limited, it disrupts the way students usually live their lives. This can make them feel lonely, especially if they rely on school to meet friends and socialize. With less time spent outside and more time stuck indoors, they might start feeling isolated. Additionally, worries about climate change and extreme weather can add to their stress and anxiety, making it hard to concentrate on schoolwork and feel emotionally okay.

How to Support Our Students?

- **Create a safe leaning environment:**
  Ensure that the school environment is cool, comfortable, and safe for students during extreme weather. This includes proper ventilation, air conditioning, and adequate hydration.
- **Develop coping skills in children:**
  Teach students coping skills to manage stress and anxiety, such as deep breathing, mindfulness, and relaxation techniques.
- **Encourage indoor activities:**
  Promote engaging indoor activities, such as arts and crafts, reading, or team-building exercises, to keep students active and connected.
- **Maintain social connections:**
  Encourage students to interact with peers through group projects, discussions, and virtual activities to maintain social connections during extreme weather.

Engaging Parents and Families:

During heavy rain or flooding, parents should ensure their family's safety. Secure your home against floods check for leaks, clear drains, and have emergency supplies like flashlights and bottled water. Keep children indoors and away from flooded areas or fast-moving water. To reduce stress, reassure your kids they're safe and explain the situation in simple words. Engage them with fun indoor activities like board games, arts and crafts, or movies. Stay connected with your child's school for updates on online classes, and keep a consistent routine at home for meals, study, and sleep. If your child seems anxious, talk about their feelings and teach simple coping techniques like deep breathing. Reach out to a school counselor or mental health professional if needed. Following these steps can help keep your family safe and calm during rainy and flooding conditions.

Supporting Teachers and Staff:

To help teachers and school staff during extreme weather, schools should focus on their wellbeing. Make sure they have what they need to deal with stress, like a comfortable place to work and regular breaks. Give those resources and support to stay positive. It's also helpful to offer training sessions on mental health so staffs are aware of how to support students during tough times. Encourage teachers, staff, and school counsellors to work together. When they collaborate, they can find better ways to support students' mental health during extreme weather.

Collaborating with External Resources:

·Partnering with mental health professionals: Collaborate with local psychologists, counselors, or mental health organizations to provide additional support to students and staff.

·Utilizing community resources: Identify community resources that can offer support during extreme weather, such as emergency response services, health clinics, and support groups.

The UAE is continuously adapting to weather challenges, and we can do the same in our own lives. By staying connected, keeping a routine, and seeking support when needed, we can build resilience to handle whatever weather comes our way. Remember, it's okay to ask for help and take time for yourself. By focusing on mental wellbeing, we can all weather the storm —no matter how strong it gets.

Warm regards

Neema M G

School Counsellor

PARENT PRAISE : A HEARTFELT THANK YOU !

Trusting us!

Extending your support and understanding

Volunteerism for charity drives and school initiatives

Valuable Feedback

Participation in school events

Encouragement & motivation to students

Unconditional Love & Care

Resilience



With Warm Regards

Team Kindergarten